



Retirement & SENIOR CARE

Chattanooga is
Ideal for Seniors

A MILD CLIMATE, LOW COST OF LIVING, EXCELLENT HEALTH CARE, exceptional cultural and educational opportunities, and nationally recognized senior care and retirement communities make Chattanooga a top place for seniors and a great place to retire.



DID YOU KNOW?

According to The Wall Street Journal, the cost of living for residents of Chattanooga and the surrounding area is nearly 6% less than the national average.

SENIOR
CARE

In 2015, The Wall Street Journal proclaimed, “Best Places to Retire: Chattanooga Blends Culture and the Outdoors.” Earlier CNN Money magazine, Topretirements.com, and WalletHub - an online resource for financial decisions - all ranked Chattanooga among the top places to retire given, among others, its affordability, thriving arts, quality of life, and health care.

Residents of Chattanooga enjoy a mild climate and frequent sunshine throughout the year. The average annual high temperature is 72 degrees and the average annual low temperature is 50. There are 210 days of sun each year.

Seniors can choose from many safe and affordable neighborhoods. Spacious, low-maintenance homes, condos, and apartments are available, many of them close to walking and biking trails, pools, clubhouses, and outdoor sports, including golf and tennis.

Cost of living for residents in Chattanooga is lower than the national average, depending on the source – 3% to 12% less. Among the chief drivers are no state income taxes, low property taxes, and affordable housing.

Award-winning retirement communities offer independent and assisted living, along with specialized nursing and Alzheimer’s care. Residents can choose from a variety

of options that best suit their needs, from minimal to full-service care to specialized care and transportation. Long-term care facilities serve patients with dignity and respect. Nearby Cleveland is the headquarters of Lifecare Centers of America and Century Park Associates. Morning Pointe is headquartered in Ooltewah. Each senior care company has achieved national recognition.

Health care is easily accessible, with hospitals and major health care facilities located close to population centers, senior care facilities, and retirement communities. With convenient locations, CHI Memorial, Erlanger

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Health System, Parkridge Health System, and Tennova Healthcare-Cleveland, offer quality care nearby. Other excellent health care facilities include urgent care clinics, rehabilitation facilities, and cancer treatment centers.

Many educational and recreational options for seniors are available. Nearly all of the area's colleges offer education opportunities for adults, and with Chattanooga's thriving arts and entrepreneurial community, the area is always buzzing with new opportunities for personal growth and enrichment.

Green spaces, community centers, and many nearby attractions provide plenty of recreation options. Hamilton County boasts 3,800 acres of public parks and is not far from several national and state parks.

Chattanooga also offers residents a wonderful variety of nationally known and locally popular restaurants and shops. Many of these can be accessed in an eco-friendly manner by walking, using downtown's free electric shuttle service, or by renting a bicycle from the bicycle transit system.

ALZHEIMER'S CARE FACILITY

Alexian Brothers Valley Residence
1164 Mountain Creek Rd.
Chattanooga, TN 37405
(423) 875-6110
alexianbrothers.net

Consulate Health Care of Chattanooga
8249 Standifer Gap Rd.
Chattanooga, TN 37421
(423) 892-1716
consulatehealthcare.com

Elmcroft of Hamilton Place
1502 Gunbarrel Rd.
Chattanooga, TN 37421
(423) 485-9496
elmcroft.com

Elmcroft of Shallowford
7127 Lee Hwy.
Chattanooga, TN 37421
(423) 899-8133
elmcroft.com

The Health Center at Standifer Place
2626 Walker Rd.
Chattanooga, TN 37421
(423) 490-1599
standiferplace.org

The Lantern at Morning Pointe Alzheimer's Center of Excellence, Collegedale
9300 Messenger Ln.
Collegedale, TN 37363
(423) 396-4700
morningpointe.com

The Lantern at Morning Pointe Alzheimer's Center of Excellence, Chattanooga
7620 Shallowford Rd.
Chattanooga, TN 37421
(423) 551-4190
morningpointe.com

The Lantern at Morning Pointe of Hixson Alzheimer's Memory Care
5501 Old Hixson Pk.
Hixson, TN 37343
(423) 847-1370
morningpointe.com

The Terrace at Mountain Creek
1005 Mountain Creek Rd.
Chattanooga, TN 37405
(423) 874-0200
theterraceatmountaincreek.com

ASSISTED LIVING FACILITY

Alexian Brothers Valley Residence
1164 Mountain Creek Rd.
Chattanooga, TN 37405
(423) 875-6110
alexianbrothers.net

Alexian Village Assisted Living
671 Alexian Way
Signal Mtn., TN 37377
(423) 517-9511
alexianbrothers.net

The Bridge at Ooltewah
5901 Snow Hill Rd.
Ooltewah, TN 37363
(423) 760-8540
bridgeatooltewah.com

BrightSpace Senior Living
7047 Lee Hwy Ste. 100
Chattanooga, TN 37421
(423) 702-7234
brightspaceseniorliving.com

Davis Retirement Home
1106 Duncan Ave.
Chattanooga, TN 37404
(423) 697-0733

Eaglecrest Assisted Living
8248 Standifer Gap Rd.
Chattanooga, TN 37421
(423) 855-6463
eaglecrestassistedliving.com

Elmcroft of Hamilton Place
1502 Gunbarrel Rd.
Chattanooga, TN 37421
(423) 485-9496
elmcroft.com

Elmcroft of Shallowford
7127 Lee Hwy.
Chattanooga, TN 37421
(423) 899-8133
elmcroft.com

Garden Plaza at Cleveland
3500 Keith Street NW
Cleveland, TN 37312
(423) 479-4447
gardenplazaatcleveland.com

The Health Center at Standifer Place
2636 Walker Rd.
Chattanooga, TN 37421
(423) 490-2188
standiferplace.org

Manorhouse Assisted Living
1148 Mountain Creed Rd.
Chattanooga, TN 37405
(423) 870-5900
manorhouseretirement.com

Morning Pointe of Chattanooga at Shallowford, Assisted Living
7719 Shallowford Rd.
Chattanooga, TN 37421
(423) 296-0097
morningpointe.com

Morning Pointe of Collegedale at Greenbriar Cove Assisted Living
9650 Leyland Dr.
Ooltewah, TN 37363
(423) 396-6999
morningpointe.com

Morning Pointe of Hixson Assisted Living
5501 Old Hixson Pk.
Hixson, TN 37343
(423) 847-1370
morningpointe.com

Regency Senior Living
6711 Mountain View Rd.
Ooltewah, TN 37363
(423) 238-8087
regencyseniorliving.com

Regency House Assisted Living
2062 Hamill Rd.
Hixson, TN 37343
(423) 870-0050
regencyhouse-hixson.com

Rose of Sharon Senior Villa
5401 Lee Ave.
Chattanooga, TN 37410
(423) 822-7673

Southern Heritage Assisted Living
5310 Clemons Rd.
East Ridge, TN 37412
(423) 490-0119
southern-heritage.net

Southern Oaks Assisted Living
7230 Lee Highway
Chattanooga, TN 37421
(423) 499-8500
southernoaks.us

Summit View Senior Community
825 Runyan Dr.
Chattanooga, TN 37405
(423) 875- 6724
summitview.info

The Terrace at Mountain Creek
1005 Mountain Creek Rd.
Chattanooga, TN 37405
(423) 874-0200
theterraceatmountaincreek.com

Brookdale Hixson
4515 Hixson Pike
Hixson, TN 37343
(423) 274-3165
brookdale.com

HOSPICE

Avalon Hospice
7625 Hamilton Park Dr.
Ste. 19
Chattanooga, TN 37421
(423) 892-3737
curohealthservices.com

Consulate Health Care of Chattanooga
8249 Standifer Gap Rd.
Chattanooga, TN 37421
(423) 892-1716
consulatehealthcare.com

The Health Center at Standifer Place
2626 Walker Rd.
Chattanooga, TN 37421
(423) 490-1599
standiferplace.org

Hospice of Chattanooga
4411 Oakwood Dr.
Chattanooga, TN 37416
(423) 892-4289
hospiceofchattanooga.org

INDEPENDENT LIVING FACILITY
Alexian Grove
100 Asbury Oak Ln.
Chattanooga, TN 37419
(423) 825-5557
alexianbrothers.net

Alexian Village of Tennessee
437 Alexian Way
Signal Mtn., TN 37377
(423) 886-0571
alexianbrothers.net

BrightSpace Senior Living
7047 Lee Hwy Ste. 100
Chattanooga, TN 37421
(423) 702-7234
brightspaceseniorliving.com

Creekside at Shallowford
7511 Shallowford Rd.
Chattanooga, TN 37421
(423) 485-9933

East Ridge Residence
1417 N. Mack Smith Rd.
East Ridge, TN 37412
(423) 899-6370
eastridgeresidence.com

Elmcroft of Hamilton Place
1502 Gunbarrel Rd.
Chattanooga, TN 37421
(423) 485-9496
elmcroft.com

Elmcroft of Shallowford
7127 Lee Hwy.
Chattanooga, TN 37421
(423) 899-8133
elmcroft.com

Garden Plaza at Cleveland
3500 Keith Street NW
Cleveland, TN 37312
(423) 479-4447
gardenplazaat
cleveland.com

**Garden Plaza
of Greenbriar Cove**
4586 Forsythia Way
Ooltewah, TN 37363
(423) 396-5100
gardenplazagreen
briarcove.com

**The Health Center
at Standifer Place**
2626 Walker Rd.
Chattanooga, TN 37421
(423) 490-2188
standiferplace.org

Hickory Valley
6705 Ballard Dr.
Chattanooga, TN 37421
(423) 855-0508
hickoryvalleyretirement.com

**NHC HealthCare
Chattanooga**
2700 Parkwood Ave.
Chattanooga, TN 37404
(423) 624-1533
nhcchattanooga.com

**Summit View
Senior Community**
825 Runyan Dr.
Chattanooga, TN 37405
(423) 875-6724
summitview.info

**The Terrace
at Mountain Creek**
1005 Mountain Creek Rd.
Chattanooga, TN 37405
(423) 874-0200
theterraceatmountain
creek.com

IN-HOME CARE

Addus Chattanooga
5600 Brainerd Rd.,
Ste. C-26
Chattanooga, TN 37411
(423) 899-7000
addus.com

**Alexian Brothers
Home Care**
250 E. 10th St.
Chattanooga, TN 37402
(423) 634-0814
alexianbrothers.net

**Alexian Village
of Tennessee**
437 Alexian Way
Signal Mtn., TN 37377
(423) 886-0647
alexianbrothers.net

Amara Home Care Inc.
2821 Cummings Hwy.
Chattanooga, TN 37419
(423) 756-2411
amaracare.com

ArKridge HomeCare, LLC
3001 S. Broad St. Ste. 202
Chattanooga, TN 37408
(423) 648-1609
arkridgehomecare.com

Avalon Hospice
7625 Hamilton Park Dr.
Ste. 19
Chattanooga, TN 37421
(423) 892-3737
curohealthservices.com

**BrightStar Care
of Chattanooga**
117 Nowlin Lane, Ste.300
Chattanooga, TN 37421
(423) 296-6640
brightstarcare.com/
chattanooga

CareAssist
530 Cherokee Blvd.
Chattanooga, TN 37405
(423) 875-4254
careassist.net

**Caring Senior Service
of Hamilton County**
100 Cherokee Blvd. Ste. 305
Chattanooga, TN 37405
(423) 826-0266
chattanooga.caring
seniorservice.com

**Comfort Keepers
of Chattanooga**
107 RBC Dr.
Ringgold, GA 30736
(706) 937-9955
chattanooga-681.
comfortkeepers.com

**ContinuCare Health
Services, Inc.**
1501 Riverside Dr., Ste. 350
Chattanooga, TN 37406
(423) 386-1000
continucarehealth
services.com

Guardian Home Care
6116 Shallowford Rd.,
Ste. 114
Chattanooga, TN 37421
(423) 870-9971
guardianhomecare.us

**The Health Center
at Standifer Place**
2636 Walker Rd.
Chattanooga, TN 37421
(423) 490-2188
standiferplace.org

Home Instead Senior Care
7104 Bonny Oaks Dr.
Chattanooga, TN 37421
(423) 893-9993
homeinstead.com/128

**Preferred Care at Home
of Chattanooga**
1400 McCallie Ave.,
Ste. 220
Chattanooga, TN 37404
(423) 531-8696
preferhome.com



Senior Helpers
7155 Lee Hwy., Ste. 600
Chattanooga, TN 37421
(423) 710-1500
seniorhelpers.com

SENIOR SERVICES, ORGANIZATIONS, AND CENTERS

**Alexian Brothers Live
at Home Program™**
250 E. 10th St
Chattanooga, TN 37402
(423) 634-0814
alexianbrothers.net

Alexian Brothers, PACE
425 Cumberland St.
Chattanooga, TN 37404
(423) 698-0802
alexianbrothers.net

**Senior Care Advisors
of Chattanooga**
(423) 432-7514
scachattanooga.com

SKILLED IN-HOME CARE

Avalon Hospice
7625 Hamilton Park Dr.
Ste. 19
Chattanooga, TN 37421
(423) 892-3737
curohealthservices.com

**CHI Memorial
Health at Home**
1949 Gunbarrel Rd.,
Ste. 250
Chattanooga, TN 37421
(423) 495-8550
memorial.org

Complete CareChoice
2158 Northgate Park Ln.
Ste.215
Chattanooga, TN 37415
(423) 531-8935
carechoicetn.com

**ContinuCare Health
Services, Inc.**
1501 Riverside Dr.,
Ste. 350
Chattanooga, TN 37406
(423) 386-1000
continucarehealth
services.com

Guardian Home Care
6116 Shallowford Rd.,
Ste. 114
Chattanooga, TN 37421
(423) 870-9971
guardianhomecare.us

Guardian Home Care
3555 Keith St., Ste. 106
Cleveland, TN 37312
(423) 473-8886
guardianhomecare.us

NHC Home Care
5959 Shallowford Rd.
Ste. 539
Chattanooga, TN 37421
(423) 877-1716
nhcchattanooga.com

SKILLED NURSING FACILITY

Alexian Health Care Center
622 Alexian Way
Signal Mountain, TN 37377
(423) 517-9503
alexianbrothers.net

**Alexian Village Health
and Rehabilitation Center**
622 Alexian Way
Signal Mtn., TN 37377
(423) 517-9503
alexianbrothers.net

Avalon Hospice
7625 Hamilton Park Dr.
Ste. 19
Chattanooga, TN 37421
(423) 892-3737
curohealthservices.com

**Consulate Health Care
of Chattanooga**
8249 Standifer Gap Rd.
Chattanooga, TN 37421
(423) 892-1716
consulatehealthcare.com

**The Health Center
at Standifer Place**
2626 Walker Rd.
Chattanooga, TN 37421
(423) 490-1599
standiferplace.org

**Life Care Center of
Collegedale**
9210 Apison Pk.
Collegedale, TN 37315
(423) 396-2182
lifecarecenterof
collegedale.com

Life Care Center of Hixson
5798 Hixson Home Place
Hixson, TN 37343
(423) 842-0049
lifecarecenterofhixson.com

**Life Care Center of
Ooltewah**
5911 Snow Hill Rd.
Ooltewah, TN 37363
(423) 531-0600
lifecarecenterof
ooltewah.com

**Life Care Center
of Red Bank**
1020 Runyan Dr.
Chattanooga, TN 37405
(423) 877-1155
lifecarecenterofredbank.com

**NHC HealthCare
Chattanooga**
2700 Parkwood Ave.
Chattanooga, TN 37404
(423) 624-1533
nhcchattanooga.com

**Soddy-Daisy Health
Care Center**
701 Sequoyah Rd.
Soddy-Daisy, TN 37379
(423) 332-0060
gracehc.com